

GRADUATE STUDENT MENTAL HEALTH HAPPY HOUR

Thursday, October 6, 2022 online via Microsoft Teams, 5:00 - 6:00 pm

All graduate students are invited to a virtual session with information provided by Jennifer Lippold from the Student Health Services. Topics to include counseling services available on campus, strategies for mental health, guidelines for sharing resources with others, and a tour of the Dawg Lounge. Take a moment to care for yourself. Join us to discover what's available.

Join this event virtually via Microsoft Teams (see instructions below):

Microsoft Teams meeting

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 234 083 225 060

Passcode: Rv8LMK

[Download Teams](#) | [Join on the web](#)

Or call in (audio only)

[+1 708-566-6423,,59222587#](#) United States, Cicero

Phone Conference ID: 592 225 87#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)